

SOUTHERN HEALTH SCREENING PACKAGES		BASIC	ESSENTIAL	SIGNATURE	PRESTIGE
		RM168	RM388	RM688	RM1288
Body Composition Analysis	INBODY	✓	✓	✓	✓
Vital Signs	Blood Pressure, Heart Rate	✓	✓	✓	✓
Evaluation & Report	Personalised consultation & Southern Health App	✓	✓	✓	✓
BLOOD & URINE INVESTIGATION					
Hematological Profile	Full Blood Count	✓	✓	✓	✓
	ABO & Rhesus Grouping	✓	✓	✓	✓
	Serum Iron		✓	✓	✓
Renal Profile	Urea & Creatinine	✓	✓	✓	✓
	eGFR	✓	✓	✓	✓
	Sodium, Potassium, Chloride	✓	✓	✓	✓
Minerals & Vitamins	Calcium, Phosphate	✓	✓	✓	✓
	Uric Acid	✓	✓	✓	✓
	Vitamin D				✓
	Vitamin B12 & Folate				✓
Liver Function Test	Total Bilirubin	✓	✓	✓	✓
	Total Protein, Albumin, Globulin	✓	✓	✓	✓
	AST, ALP, ALT, GGT (Liver Enzymes)	✓	✓	✓	✓
Diabetes Screening	Fasting Blood Sugar	✓	✓	✓	✓
	HbA1c	✓	✓	✓	✓
Cardiovascular Risks & Inflammatory Markers	Total Cholesterol	✓	✓	✓	✓
	HDL, LDL, Triglycerides	✓	✓	✓	✓
	Total / HDL Cholesterol Ratio	✓	✓	✓	✓
Cardiac Markers	Troponin I			✓	✓
	Homocysteine			✓	✓
Hormones	Thyroid Stimulating Hormone	✓	✓	✓	✓
	Free T4	✓	✓	✓	✓
	Free T3		✓	✓	✓
	Progesterone & Estradiol (Female)				✓
	Testosterone (Male)				✓
Infectious Screening	Hepatitis A (Anti-HAV)		✓	✓	✓
	Hepatitis B (Hep B Ab & Ag)	✓	✓	✓	✓
	Hepatitis C (Hep C Ab)			✓	✓
	Syphilis (VDRL/RPR)		✓	✓	✓
	HIV	✓	✓	✓	✓
	Herpes HSV-1 (IgG)				✓
	Herpes HSV-2 (IgG)				✓
	H. Pylori IgG		✓	✓	✓
	EBV VCA IgA				✓
Autoimmune & Inflammatory Markers	hsCRP	✓	✓	✓	✓
	RF	✓	✓	✓	✓
Tumor Markers	AFP, CEA, CA19-9		✓	✓	✓
	PSA (Male)		✓	✓	✓
	CA125, CA15.3 (Female)		✓	✓	✓
	CA72.4				✓
Urine Analysis	UFEME	✓	✓	✓	✓
	Urine Microalbuminuria				✓
DIAGNOSTIC IMAGING					
Heart	ECG	✓	✓	✓	✓
Ultrasound	Upper Abdomen (Kidneys, Gallbladder, Spleen, Pancreas)			✓	✓
	Pelvic Male (Bladder, Prostate)			✓	✓
	Pelvic Female (Bladder, Uterus, Ovaries)			✓	✓
X-Ray	Chest				✓
SPECIAL TESTS					
Lung	Spirometry			✓	✓
Bone	Bone Densitometry			✓	✓
Eye	AI Retina Scan				✓

Popular Tag-ons	
SPOTMAS Early Cancer Detection	RM2888
Whole Body Cryotherapy	RM150
Faecal Occult Blood	RM50
Pap Smear	RM120
Pap Smear + HPV	RM280
Chest X-Ray	RM50
Thyroid Ultrasound	RM100

